To the continual sufferings which are [76] inseparable from the duties which he had in the Missions. on the journeys, in whatever place he was; and to those which charity caused him to embrace, - often above his strength, although below his courage, - he added many voluntary mortifications: disciplines every day, and often twice each day; very frequent fasts; haircloths, and belts with iron points; vigils which advanced far into the night. And, after all these, his heart could not be satiated with sufferings. and he believed that he had never endured aught. A very few years before his death, writing of himself, he speaks of the matter in these terms: Timui meam reprobationem, eò quòd nimis suaviter hactenus mecum egerit Deus; tunc benè de mea salute sperabo, cùm patiendi occasiones se dederint,-" I have been afraid lest I be of the number of the reprobate, seeing that God has treated me hitherto with so much mildness: then I shall hope that God will choose to show me mercy, when his goodness shall furnish me opportunities of suffering something for his love." And yet we may say that his life was but one continuation of crosses and of sufferings.

[77] When any humiliation befell him, he blessed God for it, and felt from it an inward joy,—saying to those from whom he could not conceal all the emotions of his heart that those were not humiliations for him, because in whatever low place he might be, he always saw himself higher than he wished; and that he had as much inclination for descending continually lower as has a stone, which never has a tendency to rise. Accordingly, he begged the Superiors to humiliate him; and the good thing is that when, in order to coöperate with the grace of God